

Childhood & Teenage Depression



These titles are recommended for children, teens, their families and caregivers.

Adult Nonfiction

362.28 Gri

Will's Choice: A Suicidal Teen, a Desperate Mother and a Chronicle of Recovery. Griffith, Gail. 2005

On order

Monochrome Days: A First Hand Account of One Teenager's Experience with Depression. Irwin, Cait, 2007

616.8527 And

Why are you so sad?: A Child's Book about Parental Depression Andrews, Beth. 2002.

616.8527 Emp

Understanding Teenage Depression: A Guide to Diagnosis, Treatment, and Management. Empfield, Maureen. 2001

616.8527 Eva

If Your Adolescent Has Depression or Bipolar Disorder: An Essential Resource for Parents. Evans, Dwight L. 2005

616.8527 Kau

Overcoming Teen Depression: A Guide for Parents. Kaufman, Miriam. 2001

616.8527 Mac

The Disappearing Girl: Learning The Language of Teenage Depression. Machoian, Lisa. 2005

616.8527 Man

Helping Your Teenager Beat Depression: A Problem-solving Approach for Families. Manassis, Katharina. 2004

616.8527 Mer

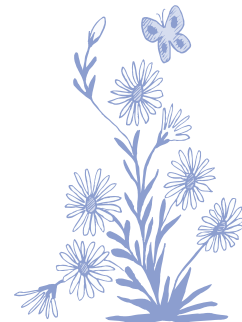
Helping Students Overcome Depression and Anxiety: A Practical Guide. Merrell, Kenneth W. 2001

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Adolescent Depression: A Guide for Parents. Mondimore, Francis Mark. 2002

616.858445 Smi

Remembering Garrett: One Family's Battle With a Child's Depression. Smith, Gordon H. 2006



- 618.9289 Fri *Raising a Moody Child: How to Cope with Depression and Bipolar Disorder.* Fristad, Mary A. 2004
- 618.9289 Ell *Medicating Young Minds: How to Know if Psychiatric Drugs Will Help or Hurt Your Child.* Elliott, Glen R. 2006
- 618.9289 Isa *Bipolar Not ADHD: Unrecognized Epidemic of Manic Depressive Illness in Children.* Isaac, George. 2001
- 618.9289 Pap *The Bipolar Child: The Definitive and Reassuring.* Papolos, Demetri F. 2006
- 618.9289 Rae *Acquainted with the Night: A Parent's Quest to Understand Depression and Bipolar Disorder in His Children.* Raeburn, Paul. 2004
- 618.9289 Rob *Should You Medicate Your Child's Mind? : A Child Psychiatrist Makes Sense of Whether to Give Kids Psychiatric Medication.* Roberts, Elizabeth J. 2006
- On order *What To Do When You're Sad and Lonely: A Guide for Kids.* Crist, James J. 2006.

Videos

- 616.8527 Chi *Childhood Depression.* VHS 28 minutes 2000
- 616.8527 Tee *Teen Depression.* VHS 22 minutes 2002

Websites

copecaredeal.org

mental health site for teens

www.bpkids.org

Child/Adolescent bipolar foundation

www.depressedteens.com

how to help a friend

Ipl.org/div/teen/

list of links for teen resources

Reasonable accommodations for persons with disabilities will be made upon request and if feasible.

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